

Thomas Russell Junior School

How to help your child with...social and emotional wellbeing.

From time to time, we all need a helping hand with social and emotional issues and our children are just the same.

We have put together a 'Lending Library' of books which parents and families are invited to dip in to as many times as they would like.

The books are designed to help support children to develop emotional resilience, understand how to deal with issues / emotions which may arise and promote a positive / proactive approach which builds children's self-confidence and moral compass.

There is a selection of different types of books:

- Story books (some based on true event) which children can share.
- Activity books which pages can be photocopied so children can complete them.
- Guidance / advice books which can be read together or dipped in to for support.

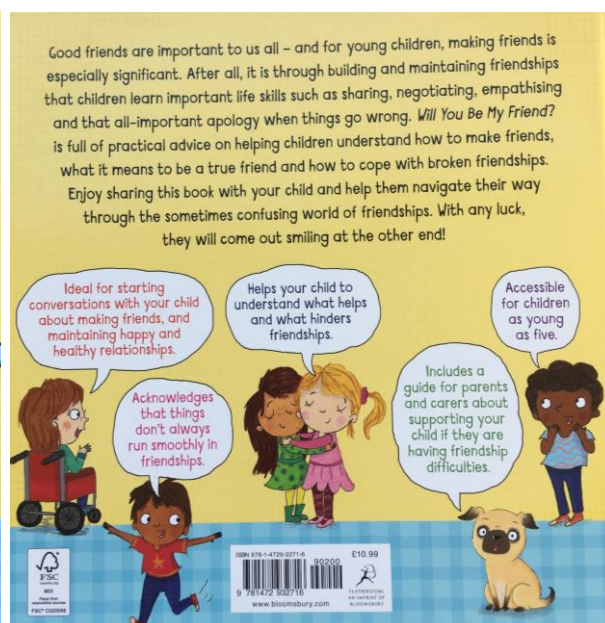
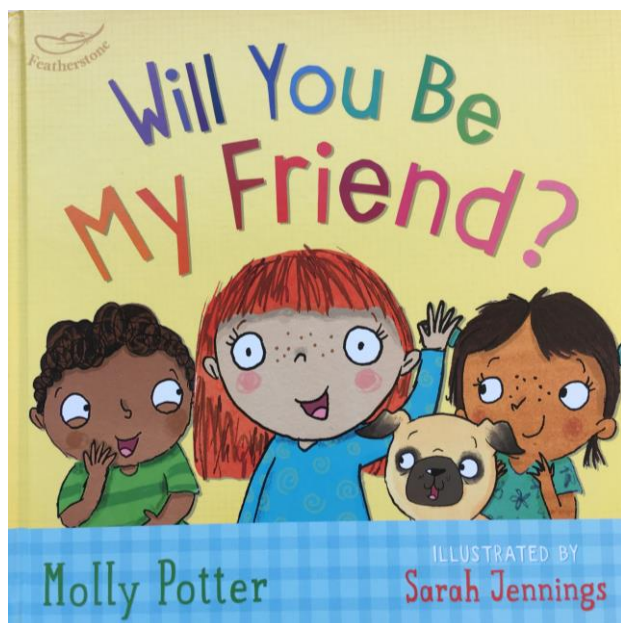
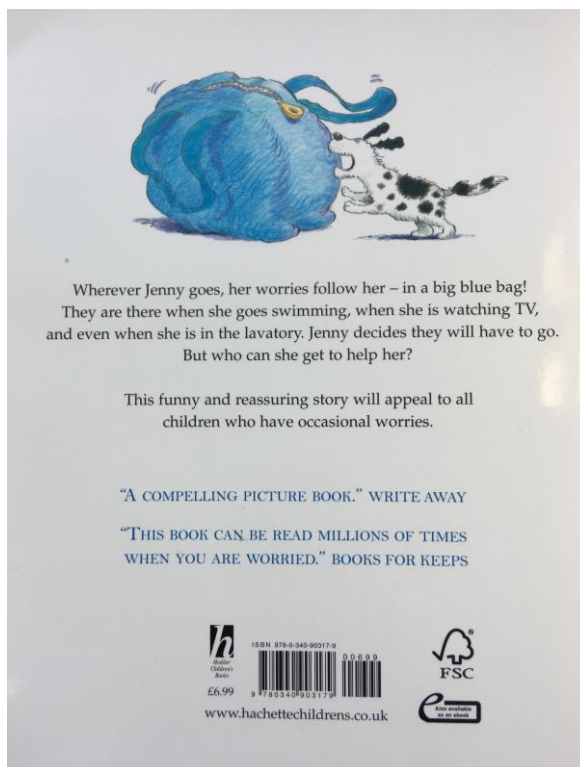
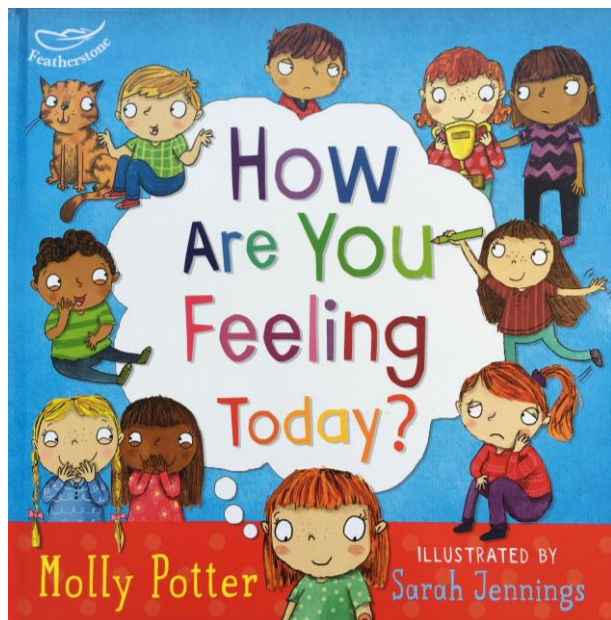
We have made a decision not to put these books into the main library as we feel all of them would be much better read / used with parental support and involvement. All of our children's needs are different, and they mature at different ages and stages as well as experiencing different issues. Parents may feel the content of some is inappropriate for our younger pupils, but very relevant in equipping them with strategies as they approach the teenage years. Other books may be entirely relevant and you may choose to invest in your own copy which can be kept to be read again and again.

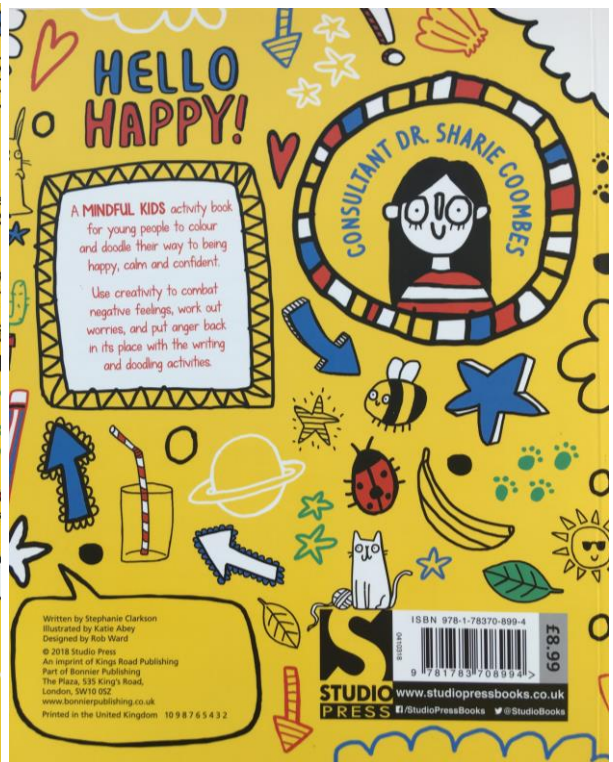
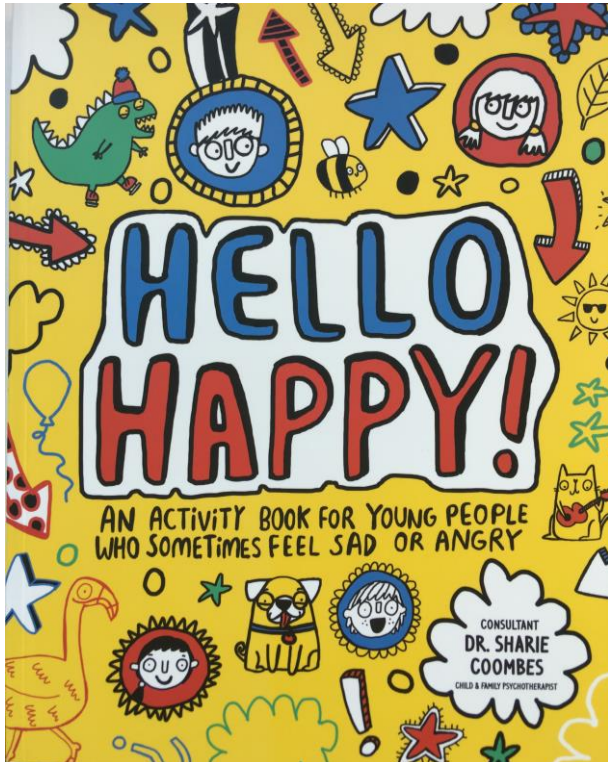
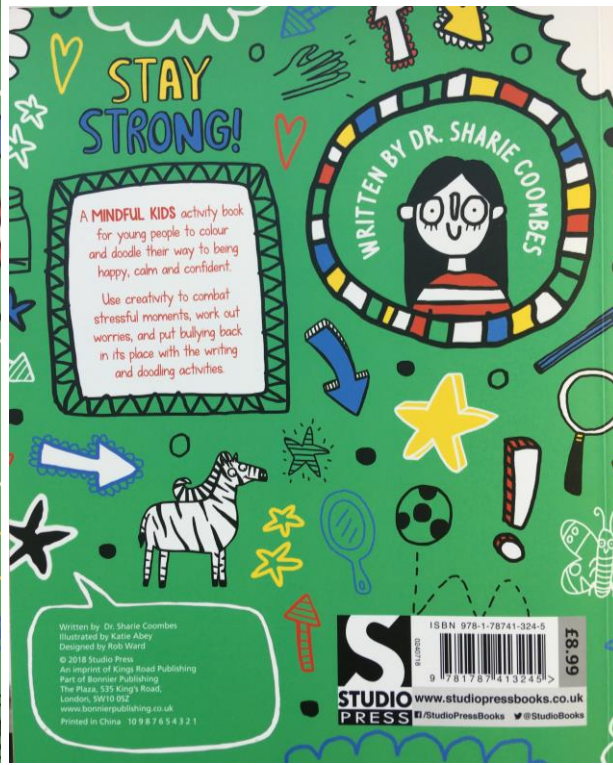
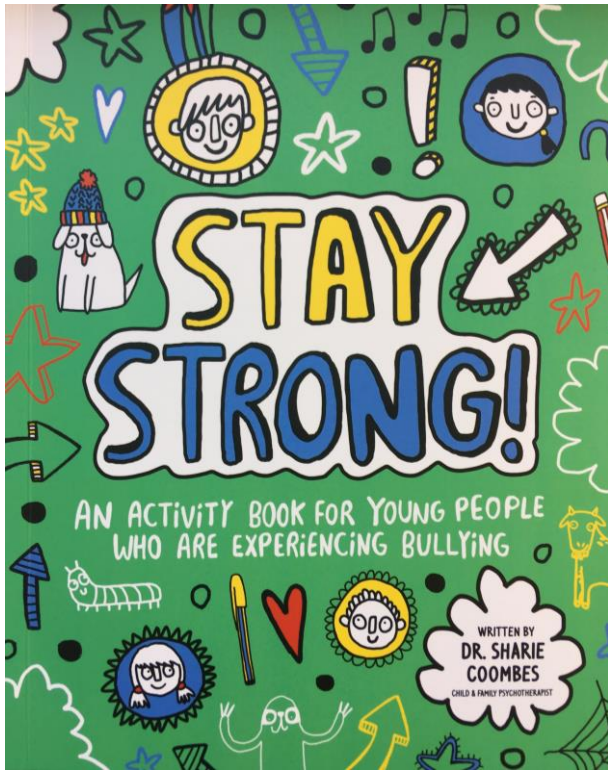
Some of the books are American and may refer to a different schooling structure (grade school / elementary school) and may also include spellings such as behavior, but much of the advice is transferrable. (And many of our children speak fluent American thanks to the Disney Channel anyway!)

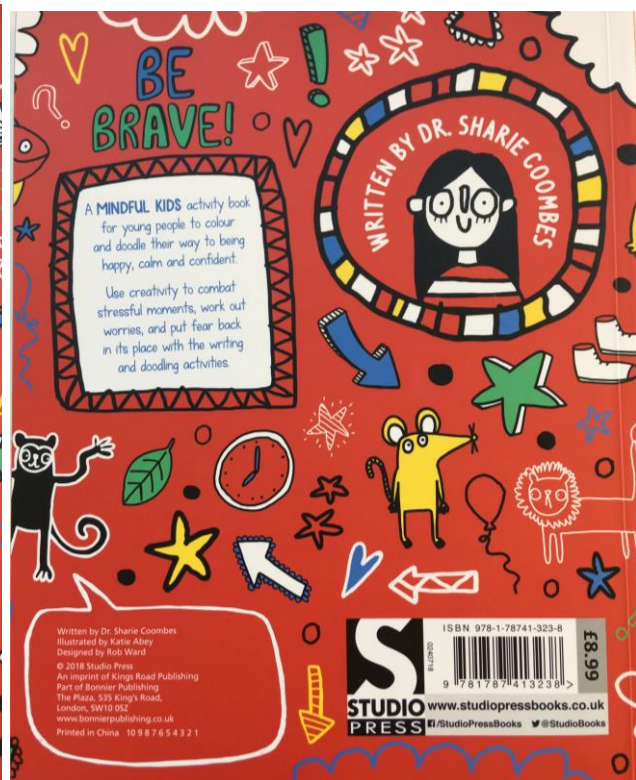
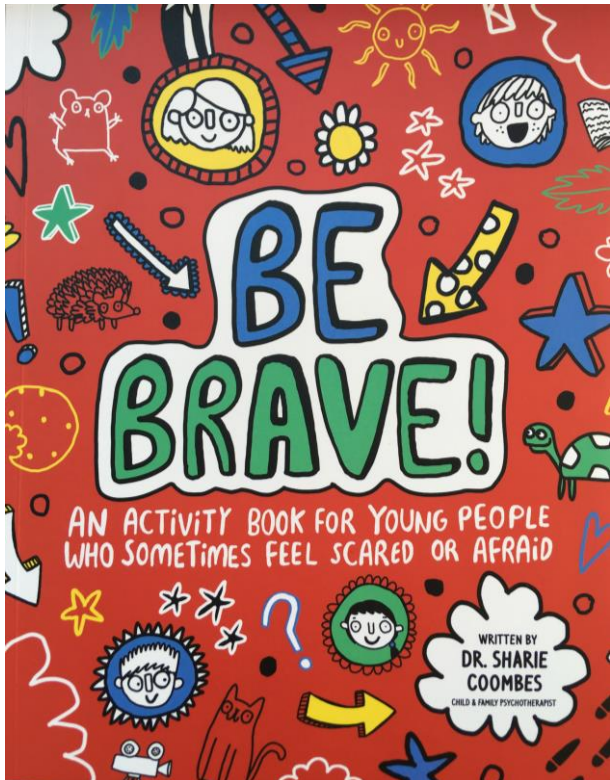
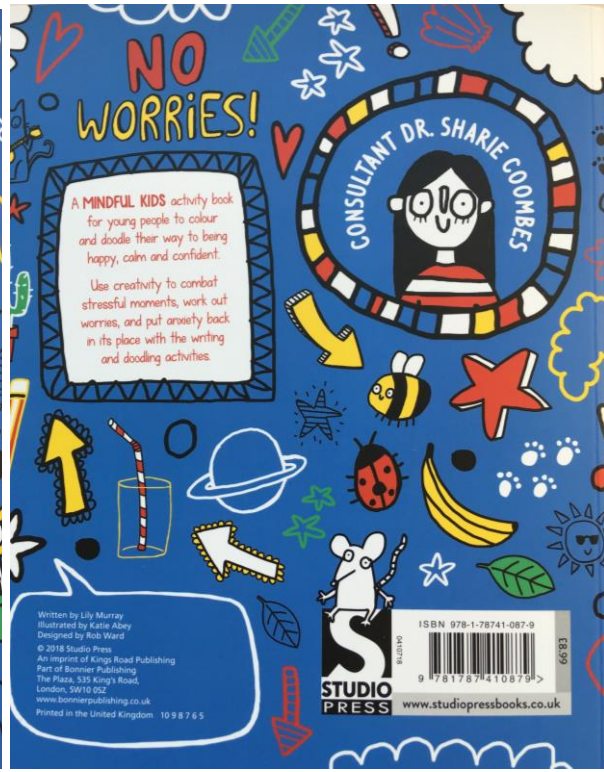
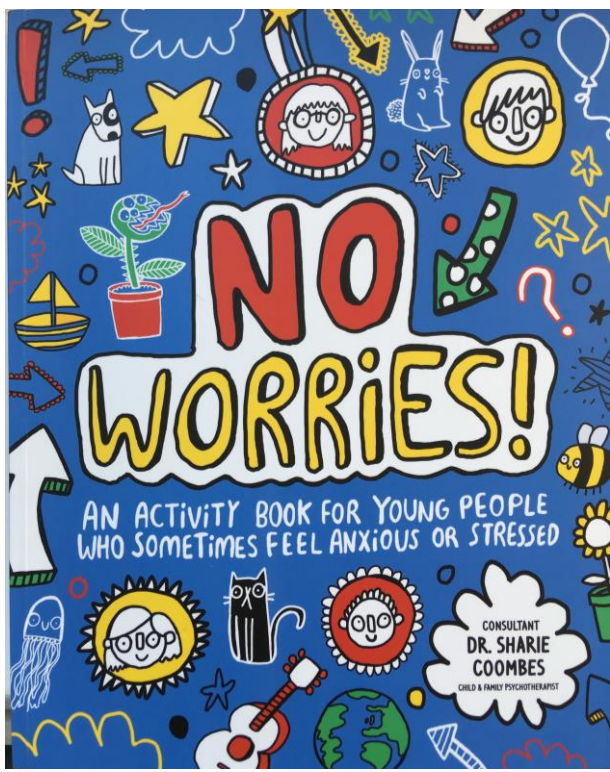
Please find below the list of books along with a copy of the blurb which may help you to choose a book. Please feel free to pop in - the Lending Library will be kept in the little office. We don't want there to be any stigma attached to using the Lending Library so it will operate purely on trust - borrow what you want, when you want for as long as you want then return it so others can benefit too.

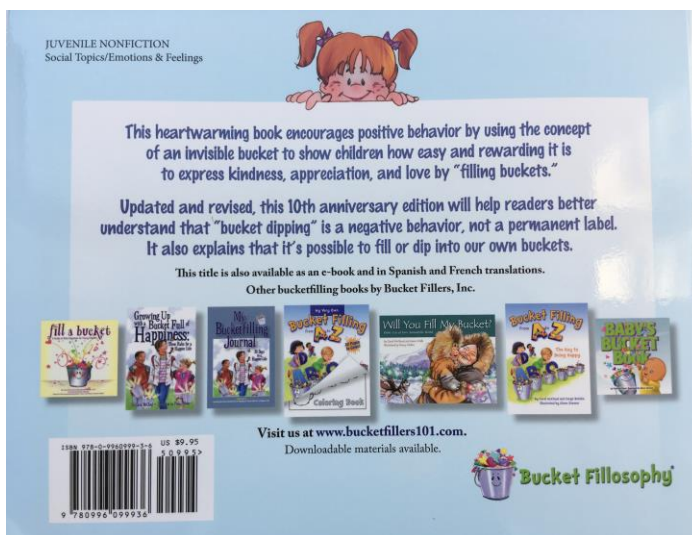
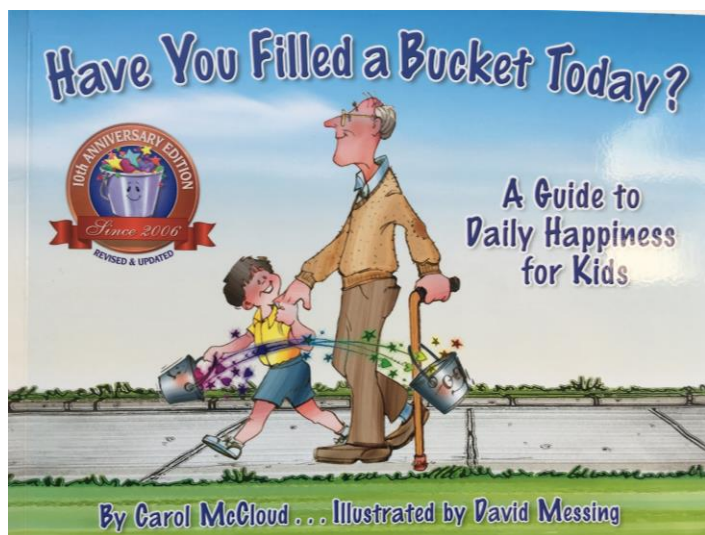
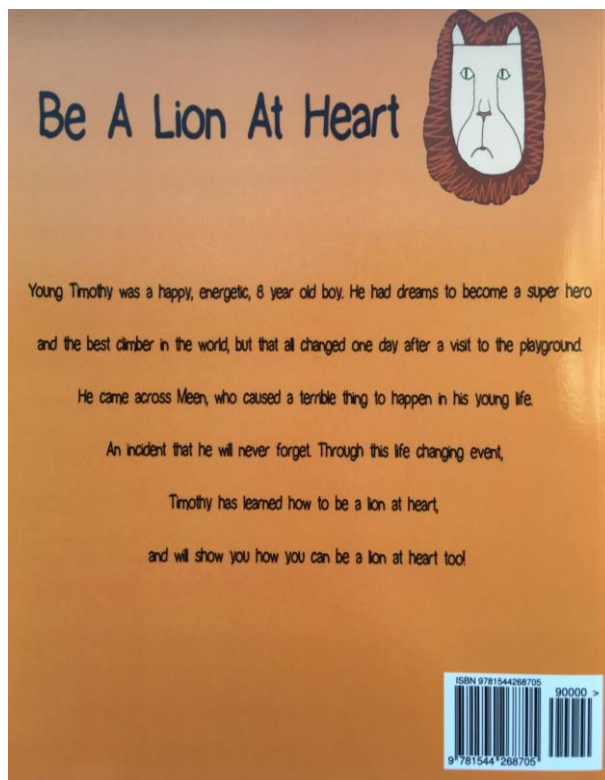
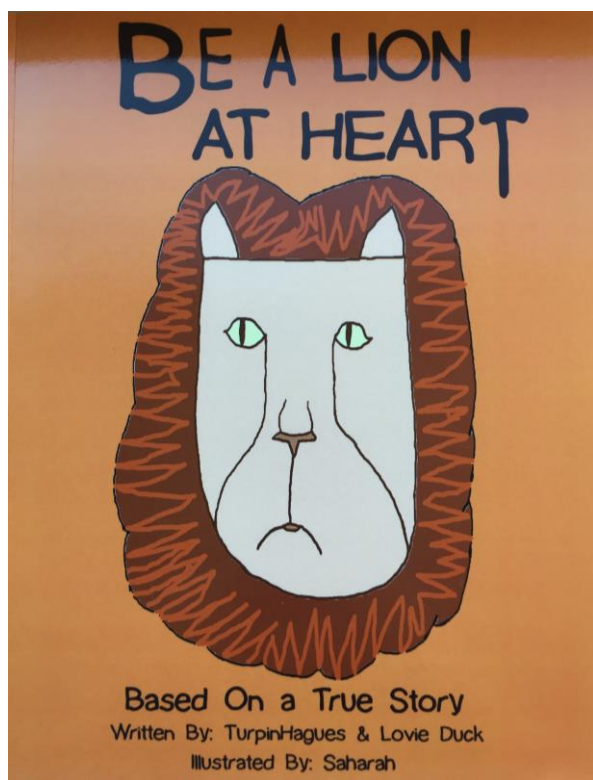
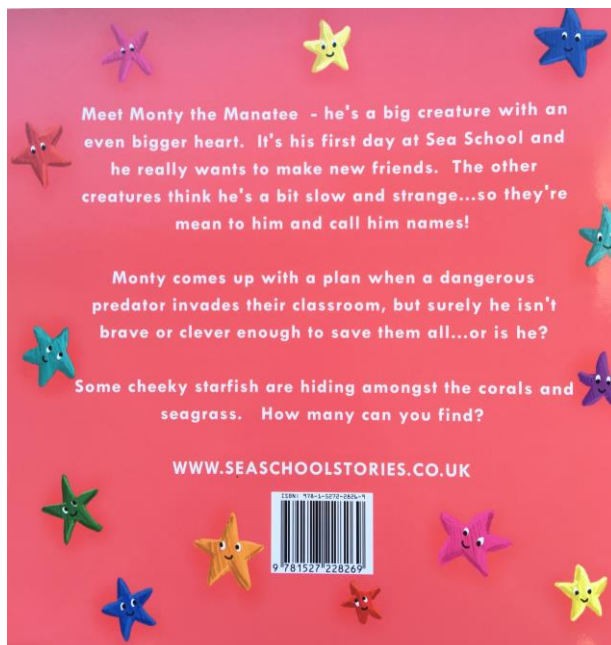
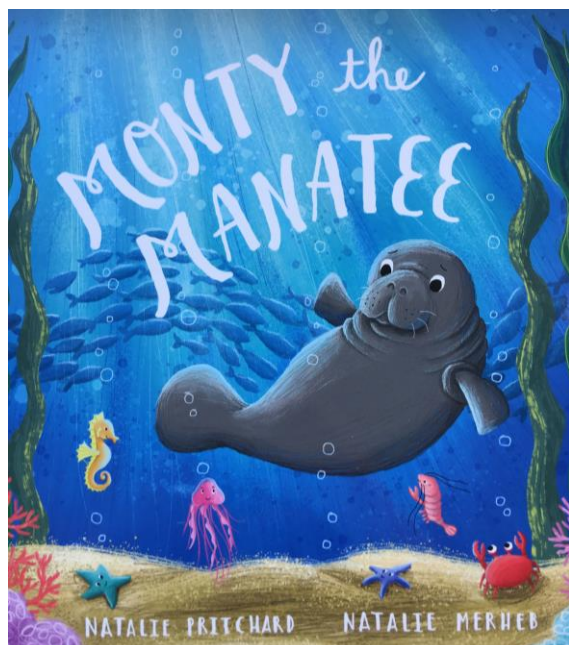
If you know of any other books that you have found particularly useful which you feel could complement our selection, then please just let us know. Or if there any topics not covered again - shout up.

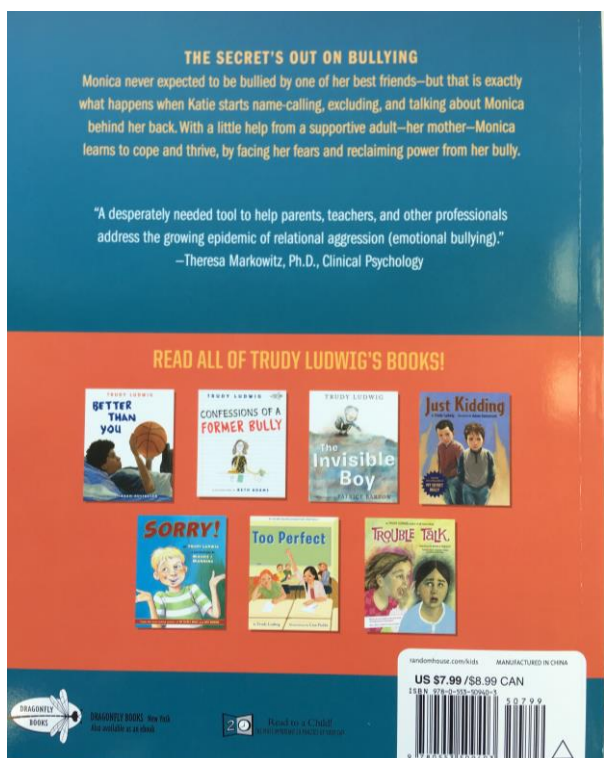
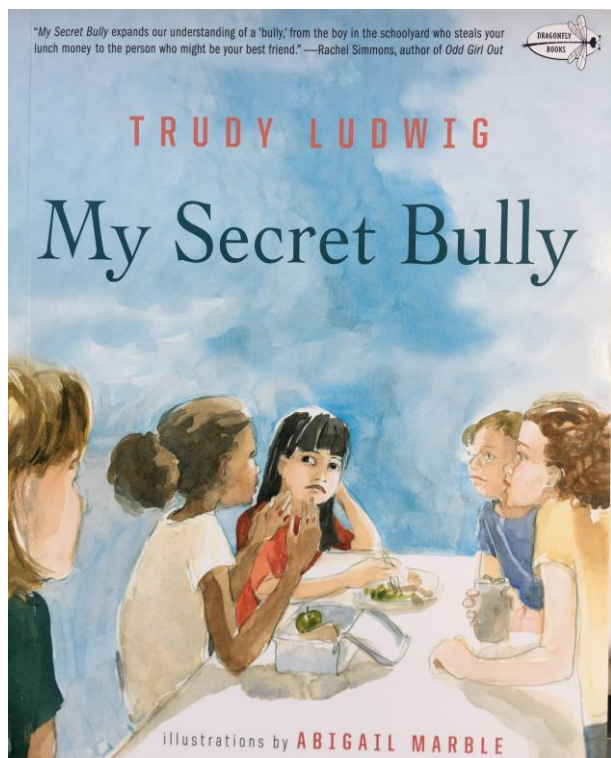
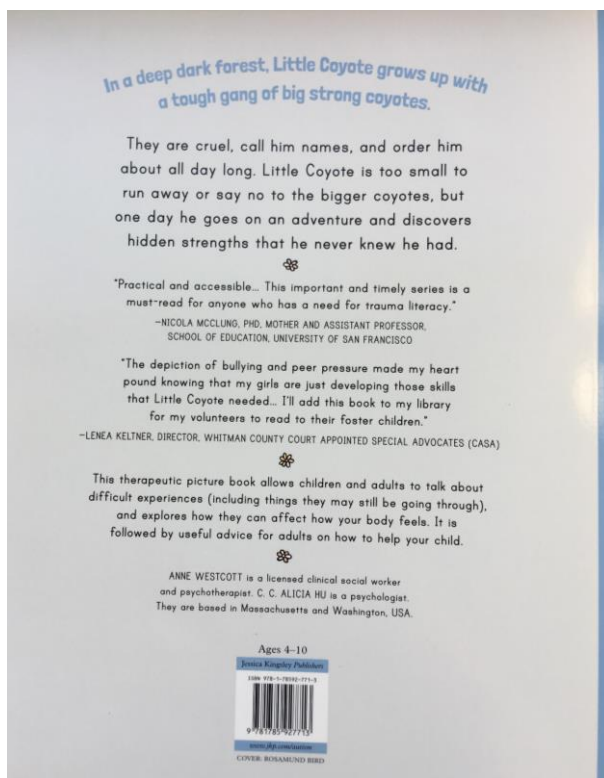
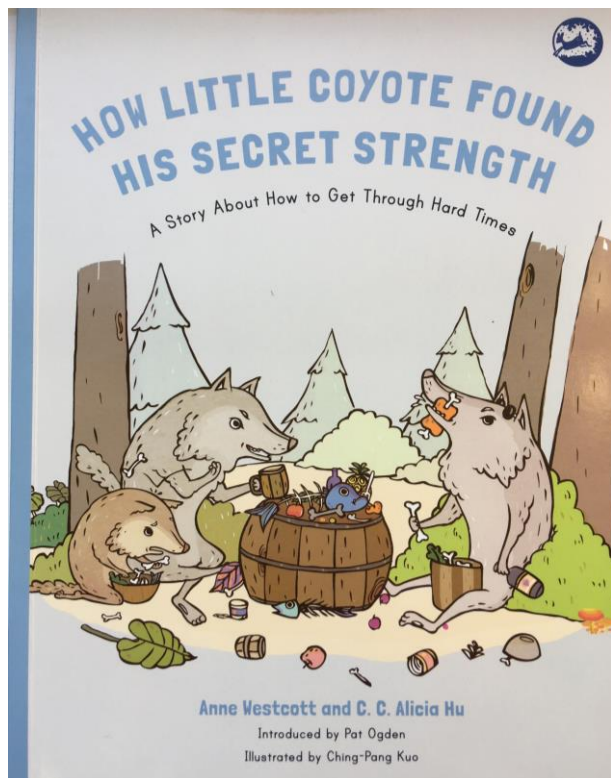
Many thanks
Mrs Sharpe

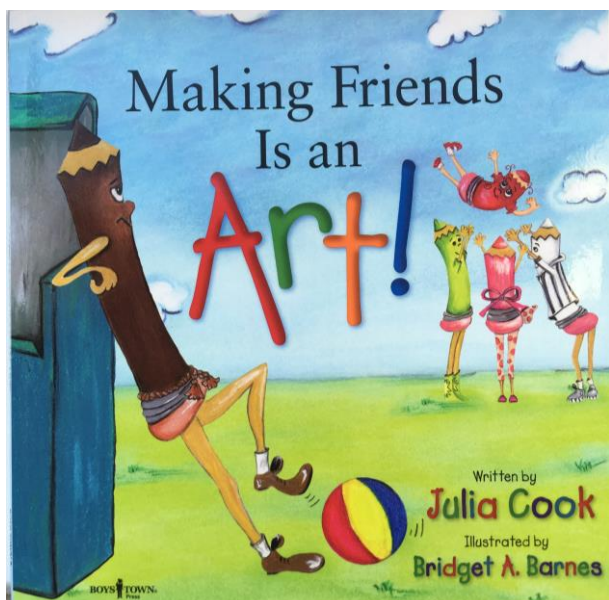
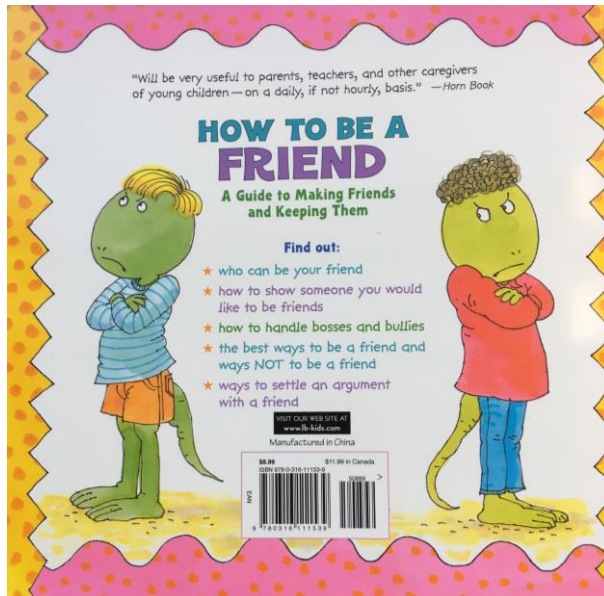
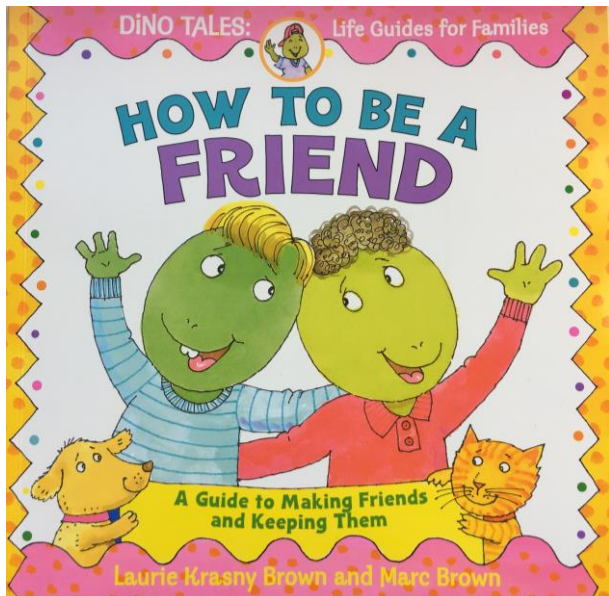
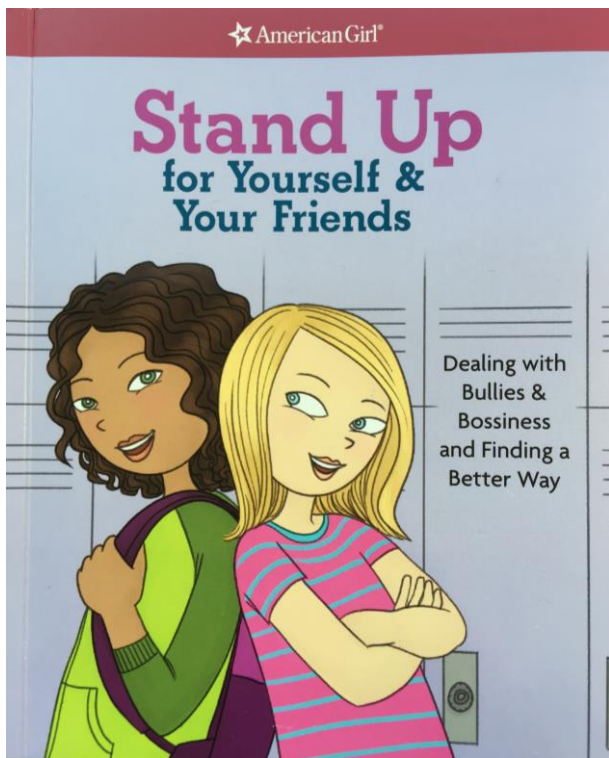


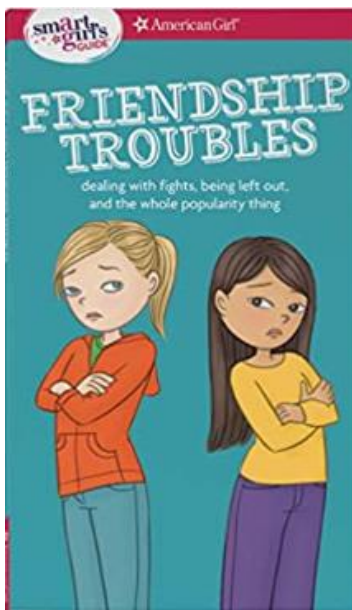
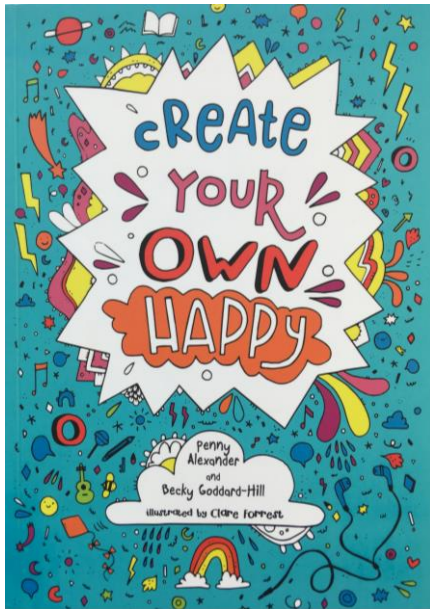


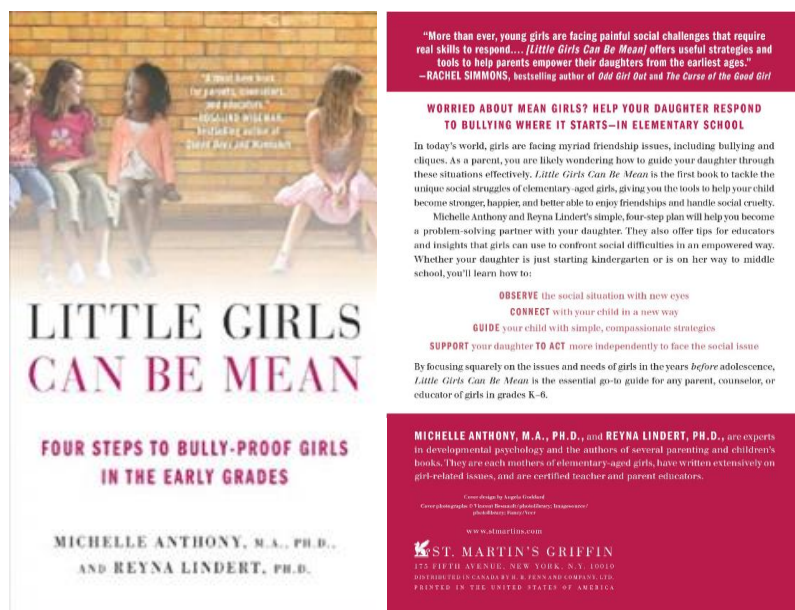












Watch out for more books being added to the list soon...